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**Al Duncan -- The Millennial Mentor**

President -- Al Duncan Enterprises LLC  
President & COO -- Al Duncan Publishing LLC

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Al Duncan is the leading motivational speaker for at-risk youth and troubled young people. An award-winning columnist and internationally recognized authority on youth development and empowerment, Al has delivered **Duncan Nuggets™**, live and in-person, to over one million young people around the world.

Frequently called upon by the media to share his expertise, Al is the author of *My Success Journal for Young People (3<sup>rd</sup> Edition)*, *Get ALL Fired Up! (Revised Edition)*, and *Big Money Student™* (April 2011). He has been awarded the President's Call to Service Award and The National PTA Life Achievement Award, for his outstanding service in the field of youth development and empowerment.

### **Devastated, but not defeated**

Al was born and raised in one of the most dangerous neighborhoods on the planet in North Philadelphia and by today's standards, would've been **labeled an "at-risk" student**. When he was 5 years old he was molested by a male friend of the family.

Emotionally traumatized, it took him years to remember what happened. At the age of 15, Al's world was torn to shreds again when he found out that his father, his childhood hero, was addicted to crack cocaine.

**Devastated, but not defeated**, Al refused to allow his personal problems stop him. He went on to enjoy careers as a professional saxophone player and a professional chef. His father's struggle and incredible recovery inspired Al to write **Duncan Nugget #21: Failure is only permanent if you quit.**

At the age of 24, he walked away from his musical career and took on the tremendous responsibility of raising his youngest brother who was 12 years old at the time.

Today, as a **tireless advocate for youth empowerment**, Al is a high energy, high content, high impact speaker, lecturer, and motivational powerhouse. He serves on the Anti-Prejudice Consortium Board of Directors, American Intercontinental University School of Business Advisory Board, the Fulton County Workforce Investment Board of Directors, and the Fulton County Youth Council. He is also the former executive producer and host of The State of the Mind Address, a self-development television program.

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Al's expertise in the field of youth development & empowerment has been sought after by a long list of organizations and institutions including:

- ✓ U.S. Department of Education
- ✓ The Army Reserve Child, Youth, and School Services
- ✓ The National Guard Youth ChalleNGe Program
- ✓ University of Connecticut
- ✓ Clark Atlanta University
- ✓ DeKalb County Family & Children Services
- ✓ The Department of Juvenile Justice
- ✓ Spelman College
- ✓ Morehouse College
- ✓ Johnson and Wales University
- ✓ Claflin University
- ✓ South Carolina State University
- ✓ The Ontario Ministry of Children & Youth Services
- ✓ Georgia Tech
- ✓ University of Georgia
- ✓ The Georgia Adult Education Association
- ✓ FCCLA (Family, Career, and Community Leaders of America)