
Al Duncan

President & CEO – Al Duncan Enterprises LLC
Publisher – DuncanNuggets.com
Master Soft Skills Trainer
Youth Advocate

Al Duncan is an award-winning youth advocate, publisher, and internationally recognized authority on soft skills who travels the world ***Helping Young People Build A Competitive Advantage™***.

As a renowned soft skills trainer for students and young professionals, Al has delivered his signature **Duncan Nuggets®** live and in-person to over 1.5 million people around the world. His ***Five Soft Skills Clusters*** framework is used by dozens of organizations and institutions, including the ***Soft Skills for STEM*** program sponsored by the National Nuclear Security Administration.

Al is the publisher of DuncanNuggets.com a resource center packed with free videos, articles, and activities on soft skills development. He has been awarded the *National PTA Life Achievement Award* and the *President's Call to Service Award* for his service and outstanding work with at-risk youth.

Formerly, as a corporate trainer he has delivered his programs as professional development courses at a number of colleges and universities including the University of Georgia Center for Continuing Education and Professional Development.

Devastated, But Not Defeated

Al was born and raised in a dangerous, poverty-stricken neighborhood in North Philadelphia, PA and by today's standards, would've been labeled an "at-risk" student.

When he was 5 years old, he was molested by a male friend of the family. Emotionally traumatized, it took him years to remember what happened. At the age of 15, Al's world was torn to shreds again when he found out that his father, his childhood hero, was addicted to crack cocaine.

Devastated, but not defeated, Al refused to allow his personal problems stop him. He went on to enjoy careers as a professional saxophone player and a professional chef. His father's struggle and incredible recovery inspired Al to write **Duncan Nugget® #21: Failure is only permanent if you quit.**

At the age of 24, he walked away from his music career and took on the tremendous responsibility of raising his youngest brother who was 12 years old at the time.

Today, as a tireless advocate for youth empowerment, Al is a high energy, high content, high impact speaker, lecturer, and motivational powerhouse. He is also the former executive producer and host of his own television program.