

Al “The Inspiration” Duncan
“America’s Leading Youth Empowerment Advocate”

Our speaker today/this evening—Al “The Inspiration” Duncan—is known as “America’s Leading Youth Empowerment Advocate.” Al is an blogger and columnist for IM Diversity and The Black Collegian Magazine. His blog, **Elevate U™**, is read by students across the globe.

A successful entrepreneur and author, Al is the president of Al Duncan Enterprises. He is also the Executive Publisher for Nile Valley Press, a company that specializes in self-publishing for professional speakers, business professionals, and entrepreneurs. Al has been awarded the **President’s Call to Service Award**, for his outstanding service in the field of youth development and empowerment.

Success didn’t come easy for Al. Growing up in a dangerous, poverty stricken neighborhood, being molested as a child, and drug abuse in his family left Al **devastated, but not defeated**. Realizing that **failure is only permanent if you quit**, he went on to enjoy careers as a professional chef and a professional saxophone player.

At the age of 24, he walked away from his musical career and took on the tremendous responsibility of raising his youngest brother who was 12 years old at the time.

Al has **delivered 1100 keynotes and seminars to 600,000 people**. His expertise in the field of self-development has been sought after by a long list of organizations and institutions including University of Connecticut, Johnson and Wales University, Spelman College, Morehouse College, Social Security Administration, the U.S. Department of State for Youth, and many more.

Al currently serves on the Fulton County Youth Council and the Fulton County Workforce Development Board. He is also the steering committee chairman and Life Skills Coach for the historic Butler Street YMCA’s **Multicultural Achievers Program**.

Looking at Al’s life it’s easy to see why he’s called “The Inspiration”. Al’s diligence and determination are second to none. He emphatically declares that – **“You are guaranteed to win once you defeat the enemy within because... It’s ALL mental!”**