## www.alduncan.net

Al Duncan is an award-winning youth advocate, publisher, and internationally recognized authority on soft skills who travels the world "Equipping Young Minds For Exceptional Performance.™" As the leading motivational speaker for at-risk youth and troubled young people, Al has delivered Duncan Nuggets®, live and in-person, to over 1 million young people around the world.

Al is the founder of Young Scribes™, a free marketing and fundraising program that allows schools and youth organizations to raise money and increase tangible outcomes by publishing books written by their young people. Al is the author of 4 books including, *My Success Journal for Young People (3<sup>rd</sup> Edition)*.

Growing up in a dangerous, poverty stricken neighborhood, being molested as a child, and drug abuse in his immediate family, by today's standards, Al would've been labeled an at-risk student.

**Devastated, but not defeated,** He went on to enjoy careers as a professional saxophone player, a professional chef, and he is the former executive producer and host of his own television show. At the age of 24 he walked away from his musical career and took on the tremendous responsibility of raising his youngest brother who was 12 years old at the time.

Duncan Nugget #21: "Failure is only permanent if you quit."