www.DuncanNuggets.com

Al Duncan is an award-winning youth advocate, publisher, and internationally recognized authority on soft skills who travels the world **Helping Young People Build A Competitive Advantage™.**

As a renowned motivational speaker and soft skills trainer for students and young professionals, Al has delivered his signature **Duncan Nuggets**® live and in-person to over 1.5 million people around the world. His **Five Soft Skills Clusters** framework is used by dozens of organizations and institutions, including the **Soft Skills for STEM** program sponsored by the National Nuclear Security Administration.

Al is the publisher of DuncanNuggets.com a resource center packed with free videos, articles, and activities on soft skills development. He has been awarded the *National PTA Life Achievement Award* and the *President's Call to Service Award* for his service and outstanding work with at-risk youth.

Born to teenaged parents, raised in a poverty-stricken neighborhood in North Philadelphia, being molested as a child, and his father's addiction to crack cocaine, left Al **devastated, but not defeated.** He went on to enjoy careers as a professional saxophone player, a professional chef, and he is the former executive producer and host of his own television show. At the age of 24 he walked away from his musical career in order to raise his youngest brother who was 12 years old at the time.

Duncan Nugget® #21: "Failure is only permanent if you quit."